



**Teen grieving a suicide death?
Join our group.**

**For info, please call
424-362-2911**

Didi Hirsch
MENTAL HEALTH SERVICES
Suicide Prevention Center

DO YOU KNOW A TEENAGER WHO HAS EXPERIENCED THE DEATH OF SOMEONE BY SUICIDE?

Help us connect teens to an **8-week grief support group**. Teens will meet in small groups once a week for a 90-minute session.

What Teens Will Get From the Group:

- A safe place to talk with other teens about their shared experience
- New and creative coping skills to deal with the loss
- Emotional and therapeutic support from clinicians and other teens
- Healthy new tools to use in managing stress

YOU ARE NOT ALONE

For more information:

424-362-2911 or spccounseling@didihirsch.org

